

# Parental controls guide

## Parental Controls information

### Type of guide

Entertainment & Search engines

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### Features and Benefits

Broadband Buddy allows you to control what websites your family can access. It also helps protect you from websites that try to collect your private information without your knowledge, and sites that might harm your computer or other devices.

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### What specific content can I restrict?



Inappropriate content



Dating



Suicide & Self-Harm



Online games



Social Networking



Weapons & Violence; Gore & Hate



Drugs & Criminal Skills



Anonymizers



Pornography & Adult content



Filesharing & Hacking



Phishing & Malware Infected Sites

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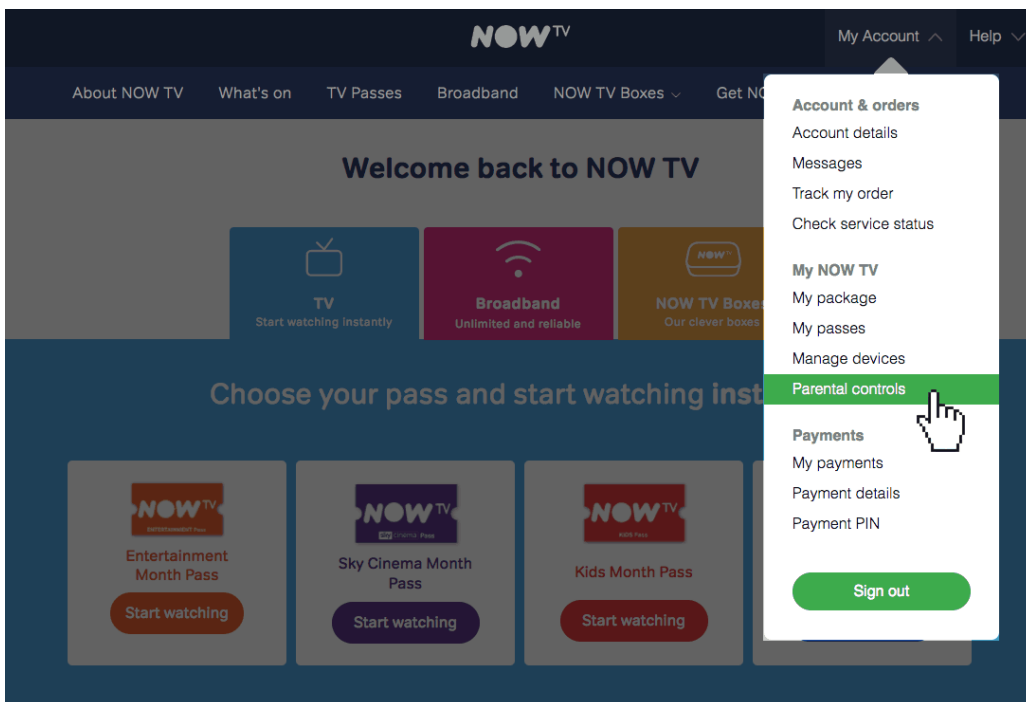
### What do I need?

Broadband Buddy is available to all NOW Broadband and NOW TV Combo customers at no extra cost. It's not available with any other broadband providers, and you won't be protected by Broadband Buddy if you change to another provider.

## Step by step guide

1

To get started, simply choose an age rating to suit the people who'll be using broadband in your home. This automatically creates the appropriate internet security settings for all of your devices. Go to [nowtv.com](http://nowtv.com), click the 'My Account' tab, and look for the Parental Controls option.



## Step by step guide

2

If you're not already signed in, enter your NOW TV ID and Password to sign in to your account.

### SIGN IN

Email or Username

Password

Forgotten [username](#) or [password](#)?

Remember my username

[Privacy & Cookies Notice](#)

**SIGN IN**

### NEW TO NOW TV?

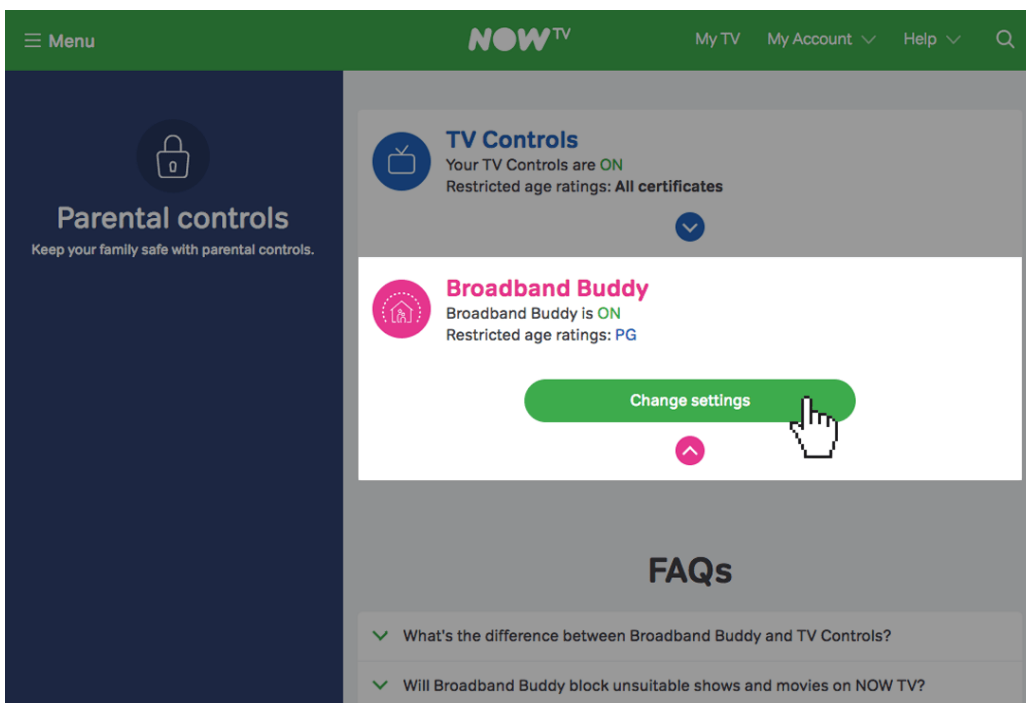
Join NOW TV today and watch the movies you missed at the cinema, sports live from the pitch and must-see shows on 11 channels you won't find on Freeview.

**JOIN NOW**

## Step by step guide

3

Look for the 'Broadband Buddy' section of the Parental Controls page. Click 'Change settings'.



## Step by step guide

4

Then select the appropriate age rating for your home. You can choose between simple age categories; PG 13 and 18, or customise protection into your own categories.

